

DEPARTMENT OF ORTHOPEDICS

SRI GURU RAM DAS UNIVERSITY OF HEALTH SCIENCES

SRI AMRITSAR

Organises



ਸੁਖ ਕਰਮਨ ਤੇ ਕਬਹੂੰ ਨਾ ਦਰੁੰ

POACON 2026

30TH ANNUAL CONFERENCE OF
PUNJAB ORTHOPAEDIC ASSOCIATION

T H E M E
LEARNING FROM YESTERDAY,
TO BUILD TODAY,
FOR A BETTER TOMORROW



7th March 2026
&
8th March 2026

Pre-Conference Workshop  **NEW ANATOMY HALL, SGRDIMS, ASR**
7th March 2026

Main Conference  **HOTEL LE MÉRIDIEN, AIRPORT ROAD, ASR**
8th March 2026

**CLICK HERE TO
REGISTER**





POACON - 2026

7TH – 8TH MARCH 2026

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SGRDUHS, Sri Amritsar

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Gupta Hospital, Amritsar

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Arogya Hospital, Amritsar



POACON - 2026

7TH – 8TH MARCH 2026

Message from the Organizing Team

Respected Seniors, Dear Colleagues and Young Budding Anatomists

It is our privilege and pleasure to cordially invite you all to 30th Annual Conference of Punjab Orthopaedics Association being hosted by Department of Orthopaedics, Sri Guru Ram Das Institute of Medical Sciences and Research, Sri Amritsar, Punjab from 7th March – 8th March 2026 (Pre-conference Workshop on 7th March 2025).

It is the best platform to showcase the latest research, developments and innovations conducted by our esteemed colleague of our fraternity. The presence of renowned International and National faculty/ speakers will be the highlight of the scientific session providing the opportunity to get the insight on the latest developments and achievements in the field of orthopaedic surgery.

Amritsar colloquially known as Ambarsar, was founded by Sri Guru Ram Das Ji, the Fourth Guru of the Sikhs in 1574 A.D. Situated just 28 km from the Indo Pak border, this second largest city in Indian state of Punjab is a major religious, cultural, and economic center. I can assure you that your visit to the holy city will be a memorable one. You can soak yourself in the spiritual tranquility of Sri Harmandir Sahib (Golden Temple), fill yourself with patriotic fervour at Wagha border and experience a profound sense of solemnity at Jallianwala Bagh. It will be a rich academic feast with the Orthopaedicians from far & wide delivering their very best.

Amritsar's extensive connectivity to all major cities of India via rail, road and air routes will help you chalk out an easy and comfortable travel plan.

The famous Amritsari hospitality awaits your presence & we look forward having you here..

Jee Aayan Nu

With Warm Regards,

Organizing Team



POACON - 2026

7TH – 8TH MARCH 2026

Hands-on Cadaveric Knee Arthroscopy Workshop

Chairperson



DR. RAVI GUPTA

CHANDIGARH

Co-Chairperson



DR. GAGAN KHANNA

SGRDIMS, AMRITSAR

Other National Faculty

Dr. Ravi Mittal

HoD AIIMS New Delhi

Dr. Rajnish Garg

HoD DMC, Ludhiana

Dr. Tarun Goel

HoD AIIMS Bathinda

Dr. Rajiv Gupta

Jaipur

Dr. Sidharth Aggarwal

Chandigarh

Dr. Inderdeep Singh

Amandeep Hospital, Amritsar

KEY TOPICS

Basic Arthroscopy:

- + Basic set up of arthroscopy
- + Developing Skills of scopy

Meniscus:

- + Meniscectomy or meniscus repair
- + How to repair meniscus: inside out, outside in and all inside
- + Root tears-How to repair
- + Rehab after meniscectomy and repair

PCL

- + PCL avulsion repair
- + PCL reconstruction

ACL:

- + Graft Choice for ACL
- + Fixation techniques of ACL graft
- + Tunnel placement and surgical technique of ACLR
- + Repair of avulsed ACL
- + Rehab and return to sports after ACLR

Miscellaneous

- + PLC reconstruction
- + MCL repair/ reconstruction
- + Treatment of cartilage defects

30

Registrations
Only

Dissection Hall, Department of Anatomy

SRI GURU RAM DAS INSTITUTE OF MEDICAL SCIENCES & RESEARCH
SRI AMRITSAR

07
MAR



POACON - 2026

7TH – 8TH MARCH 2026

Pelvic Acetabulum Hands-on Cadaveric Workshop

Chairperson



DR. VIJAY SHARMA

AIIMS NEW DELHI

Co-Chairperson



DR. ROHIT SHARMA

SGRDIMSAR, AMRITSAR

Other National Faculty

Dr. Samarth Mittal

Dr. Siva SG

Dr. Babu Rafique

Dr. Man Singh

KEY TOPICS

- ✦ Radiological classification of acetabular fractures
- ✦ Decision Making
- ✦ Kocher-Langenbeck approach and flip osteotomy
- ✦ Iliofemoral approach to the acetabulum
- ✦ Modified Stoppa approach
- ✦ Tips for reduction and fixation in anterior injuries
- ✦ Tips for reduction and fixation in posterior injuries
- ✦ Case Discussion
- ✦ Hands on Saw Bone Workshop
- ✦ Cadaveric Workshop

20

Registrations
Only

Dissection Hall, Department of Anatomy
SRI GURU RAM DAS INSTITUTE OF MEDICAL SCIENCES & RESEARCH
SRI AMRITSAR

07
MAR



POACON - 2026

7TH – 8TH MARCH 2026

9:00 am
to
11:00 am

HOTEL LE MÉRIDIEN
Airport Road, Sri Amritsar



HAND & WRIST SESSION

HALL - A

Chairperson



**DR. ABHIJEET
WAHEGOAN KAR**
PUNE

Other National Faculty

Dr. CHAITANYA
PUNE

Dr. AJIT TIWARI
KANPUR

Dr. SATYA VAMSI KRISHNA
BENGALURU

Dr. TARUNDEEP SINGH
JALANDHAR

KEY TOPICS

- ✦ Clinical Examination of the Wrist
- ✦ Flexor Tendon Injuries and Repair
- ✦ Extensor Tendon Injuries & Mallet Finger
- ✦ Fractures of the Base of the 1st Metacarpal
- ✦ Distal Radius Fractures – Restoring Anatomy and Optimizing Outcomes with Evidence Based Methods
- ✦ Ulnar Sided Wrist Pain – All that hurts is not the TFCC
- ✦ Acute Scaphoid Fractures: How Not to Miss It and How to Manage
- ✦ PIP Fracture Dislocations – Do not Underestimate the small “Chip” Fracture
- ✦ Carpal Tunnel Syndrome: Diagnosis & Management in Practice
- ✦ Trigger Finger & De Quervain's Disease – Operative Technique
- ✦ Brachial Plexus Injury – When Physiotherapy is Not Enough

**Case based
discussions**



POACON - 2026

7TH – 8TH MARCH 2026

11:30 am
to
1:30 pm

HOTEL LE MÉRIDIEN
Airport Road, Sri Amritsar



REVISION HIP SESSION

HALL - A

Chairperson



DR. RAMESH SEN
CHANDIGARH

Other National Faculty

Dr. RAJESH MALHOTRA

New Delhi

Dr. ANIL ARORA

New Delhi

Dr. VIJAY SHARMA

New Delhi

Dr. AJITH

Mangalore

Dr. C.S. YADAV

New Delhi

Dr. AVTAR SINGH

Amritsar

Dr. SAMEER AGGARWAL

Chandigarh

Dr. IQBAL SINGH GHAI

Amritsar

Dr. DILBANS PANDHER

Jalandhar

Dr. ROHAN S. PARHAR

Phagwara

KEY TOPICS

- ✦ Epidemiology and Causes of Hip Arthroplasty Failure
- ✦ Diagnostic Workup for the Failed Total Hip Arthroplasty
- ✦ Periprosthetic Joint Infection: principles of management
- ✦ ETO with surgical Videos
- ✦ Acetabular defects: Classification & Reconstruction Augments
- ✦ Acetabular cup using ischial and pubic screws
- ✦ Femoral Bone Loss and Reconstruction Options
- ✦ Principle of fluted tapered stems
- ✦ Management of Periprosthetic Fractures
- ✦ Addressing Instability in Revision Hip Arthroplasty
- ✦ Panel Discussion & Case Presentation



POACON - 2026

7TH – 8TH MARCH 2026

9:00 am
to
11:00 am

HOTEL LE MÉRIDIEN
Airport Road, Sri Amritsar



PEDIATRIC ORTHOPEDICS SESSION

HALL - B

Chairperson



DR. P.N. GUPTA
CHANDIGARH

Other National Faculty

Dr. NIRMAL RAJ
CHANDIGARH

Dr. SUDHANSHU BANSAL
LUDHIANA

Dr. HS OBEROI
JALANDHAR

Dr. GOURAV JANDIAL
MOHALI

Dr. VIKAS GUPTA
DELHI

Dr. BOBBY JOHN
LUDHIANA

KEY TOPICS

- ✦ Fractures in the growing skeleton—how are they different from adults?
- ✦ Avoiding pitfalls in management of lateral condyle fracture
- ✦ Management of acute pediatric femoral neck fractures
- ✦ Avoiding pitfalls in identification and management of distal end radius fractures in children
- ✦ Cavovarus foot, evaluation and management
- ✦ Approach to pediatric hip infections
- ✦ Angular deformity in children, when and how to intervene?
- ✦ Flat foot in children, when and how to intervene?

**Case based
discussions**



POACON - 2026

7TH – 8TH MARCH 2026

11:30 am
to
1:30 pm

HOTEL LE MÉRIDIEN
Airport Road, Sri Amritsar



SPINE SESSION HALL - B

Faculties



**DR. VARUN
KHANNA**



**DR. HARSH
PRIYADARSHI**



**DR. Rajesh
Kapila**

KEY TOPICS

Thoracolumbar fractures

- ✦ Thoracolumbar fracture classifications - Are we over-scoring and under-thinking?
- ✦ Decision making in TL Stable burst fracture - Surgery or supervised neglect? Protocol for conservative management
- ✦ Short-segment vs long-segment fixation - Are we sacrificing motion unnecessarily? Role of MIS fixation
- ✦ Video demonstration- Pedicle screw fixation
- ✦ Thoracolumbar fracture in Osteoporotic Spine. How to tackle this menace?

Tb spine

- ✦ Epidemiology and diagnosing spinal TB - MRI alone vs tissue diagnosis.
- ✦ Medical management in TB- ATT duration and monitoring and when to stop.
- ✦ Surgical Decision making in TB spine. Approach, timings and techniques.
- ✦ Kyphosis in healed spinal TB - Who really needs correction?
- ✦ Decoding Cervical tuberculosis.

Case based
discussions



POACON - 2026

7TH – 8TH MARCH 2026

ORTHO FINANCE WORKSHOP

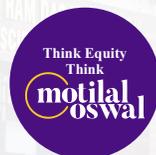
8TH MARCH 2026, SUNDAY

HALL - C



MR. RUCHIT JAIN

Vice President & Head
Equity Technical Research @MotilalOswal



KEY TOPICS

- ✦ Financial Planning
- ✦ Insurance
- ✦ Debt
- ✦ Mutual Funds
- ✦ Asset Classes
- ✦ Equity Investments - Technical & Fundamental Analysis
- ✦ Identifying Multi-Bagger Stocks
- ✦ Interactive Sessions



MR. RAJEEV MAHAJAN

Motilal Oswal
Franchise Owner Amritsar

NOTE: This Workshop doesn't require conference registration.

11:00 am
to
1:30 pm

HOTEL LE MÉRIDIEN
Airport Road, Sri Amritsar

50
Registrations



POACON - 2026

7TH – 8TH MARCH 2026

Workshops

Saturday, 7th March 2026

D-Hall, SGRDIMSR, Amritsar



Knee Arthroscopy Workshop
DR. RAVI GUPTA & TEAM, CHANDIGARH



Pelvic Acetabulum Workshop
DR. VIJAY SHARMA & TEAM, AIIMS NEW DELHI

Main Conference

Sunday, 8th March 2026

Hotel Le Meridien, Amritsar

• Why you should attend •



Revision Hip Session By
DR. RAMESH SEN & TEAM



Hand and Wrist Session By
DR. ABHIJEET WAHEGOANKAR & TEAM



Pediatric Orthopedics Session
DR. P.N. GUPTA & TEAM



Spine Session
**DR. VARUN KHANNA,
DR. HARSH PRIYADARSHI & TEAM**



Special Workshop On
ORTHO FINANCE



POACON - 2026

7TH – 8TH MARCH 2026

Registration Detail

Early Registration upto 15th February	Rs. 2000/-
After 15th February	Rs. 2500/-
PG Delegates	Rs. 1500/-
<ul style="list-style-type: none"> ● Pelvic Acetabulum Workshop ● Knee Arthroscopy Workshop ● Ortho Finance Workshop 	Rs. 2500/- (EACH)

CLICK HERE TO REGISTER

Quiz
PG Quiz
! Quiz



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FACULTY GALA DINNER ON 7TH MARCH

Name
Institute/ Hospital
Designation
PMC/ NMC No.
City
Phone No.
Email ID

Workshops

Conference Registration	<input type="checkbox"/>		
Workshop Registration	<input type="checkbox"/>		
Knee Arthroscopy Workshop	<input type="checkbox"/>	Pelvic Acetabulum Workshop	<input type="checkbox"/>
		Finance Workshop	<input type="checkbox"/>

***Note - Limited Seats Available**

Bank Account Details

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